

# Lauren Paige Richeson

writer & culinary creative

Writer, author, editor, and artist specializing in written, visual, and edible content.



## experience.

### Health Commerce Editor

Verywell / Dotdash Meredith

### Editor

Allrecipes / Dotdash Meredith

### Associate Editor

Beauty Magazine by L'Oréal Paris

### Recipe Developer

Simply Recipes, LIVEKINDLY, Wide Open Eats, Whole30

### Contributing Writer

Taste of Home, Forks Over Knives, MindBodyGreen, EAT THIS, NOT THAT, Eaten Magazine, Life & Thyme, WELL + GOOD, Cherry Bombe Magazine, 21Ninety, The Manual, Mashed.

### Digital Content + Social Media + Partnerships

Clean Plates, Whole30

### Author

[Avocado Obsession: 50+ Creative Recipes to Take Your Love of Avocados to the Next Level](#)

## skills.

- Editorial & Copywriting
- Editing
- Content Strategy & Marketing
- Multiplatform Content Creation
- Recipe Development
- Endless Puns

## contact.

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# Lauren Paige Richeson

cookbook author & culinary creative



Lauren Paige Richeson is a cookbook author, writer, recipe developer, and photographer specializing in written, visual, and edible content.

She's the author of *Avocado Obsession Cookbook* and a former editor for Allrecipes.

Her writing has been featured in *Cherry Bombe Magazine*, *Eaten Magazine*, *mindbodygreen*, *Taste Of Home*, *Forks Over Knives*, *Eat This Not That*, *Clean Plates*, *Life & Thyme Magazine*, and more.

As a recipe developer, Lauren Paige has a talent for creating nutritious and innovative original recipes and elevated versions of classic favorites for brands and publications, including *Simply Recipes*, *LIVEKINDLY*, *The New Primal*, *Wide Open Eats*, and *Whole30*.

## Specialties & Services

Recipe Development  
Food Photography  
Sponsored Content  
Branded Editorial  
Specialized Diets  
Southern Cuisine  
Vegan Cooking

## Recent Recipe Work

**SIMPLY RECIPES**



**LIVEKINDLY**



**WIDE OPEN EATS**



**WHOLE30**



Let's make something delicious!

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